



Be Safe Bulletin

April 2000



Calendar of Events

May 11

Cleveland Federal
Safety Council,
Topic: Road Rage

May 19

OSHA Stockholder
Meeting for Area
Contractors

May 22 - 26

NSTC MORT -
Based Mishap
Investigation

June 13 - 16

NSTC Software
System Safety

Upcoming Training

May 8

Risk Management
& Fault Analysis

May 10

CPR

May 22

MORT - Based
Mishap
Investigation

YOUR SAFETY ATTITUDE

We have been repeatedly exposed to messages about the importance of making safety a priority in our everyday lives. We all believe that we do. We take its importance for granted and are easily lulled into taking the calculated risk here or a short cut there. We have listened with one ear, or worse yet, not really thought much about it at all. Then, one day, a friend, relative or co-worker is injured! Maybe he took one too many shortcuts and ended up with a serious injury, say the loss of a hand. You think, "This could never happen to me." But this accident hits really close to home. The victim is your long-time office mate. You are friends with his family. The two of you talk about your children's experiences in baseball and soccer. The two of you talked about the traffic, the weather. Now, this silly accident happens. You think, "If only he had taken the time to follow the company's established safety procedure....". His family is devastated. There are frequent visits to the hospital for therapy. Prosthesis must be acquired. You are constantly reminded of the psychological toll this accident is having on your co-worker's kids and your own kids. The co-worker will probably have to train for a new job. Your co-worker's family will be affected by this injury for a long time to come. The future for that family looks pretty bleak! The company suffers also. Temporary help must be hired to cover for your co-worker while he is in therapy. Everyone loses!

After the accident, you notice you have a heightened awareness for safety. You make a point of staying alert. You take extra time to use special equipment and procedures. You are more willing to take suggestions that might protect you. You now make safety a priority at work and at home! Your Safety Attitude has just undergone a major adjustment.

Why wait for this story to become real? A positive attitude toward safety will pay off in countless ways. Why wait until you lose something precious before you realize how easy it would have been to save it? **NOW** is the best time to develop a good attitude toward safety.

Elements of a Positive Safety Attitude:

- Your attitude toward safety is a habit that affects everyone where you work and at home. We can always think of excuses for not acting with safety in mind, but in the end, it makes a lot more sense to have a good safety attitude.
- You are focused on the present task. How well are you concentrating? If something else is on your mind, or an interesting conversation is going on nearby, you may be distracted. If you are tired or bored, a mistake is easy.
- You are taking time to do the job right. Manage your time well. Sure, it takes longer, but taking a few minutes may save you from a painful injury. It may help if you to make a list of what you need to do each day. Number the jobs going from the most important to the least. If you can do them in order, you will know you are doing the most important things first, and you will be less likely to rush.
- You have the strength to do what is right. Others may want you to take shortcuts or fool around. You have the power to say **NO**.
- You accept responsibility for safety by caring about yourself and others at work.
- You weigh the risks involved in performing your work and avoid taking risks whenever you can.

Make a point of always demonstrating a Positive Safety Attitude. It will pay you now and in the future. Remember, Mission Success Starts With Safety!

MARCH

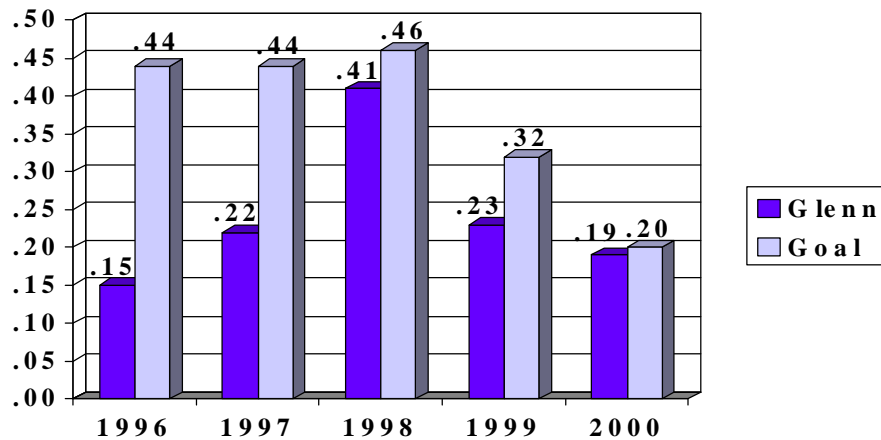
Civil Service Injury/Illness - Fiscal Year 2000/Second Quarter

LOST-TIME INJURY/ILLNESS

ORG. CODE	DIRECTORATE	TOTAL INCIDENTS	TOTAL DAYS LOST
7000	Engineering and Technical Services Directorate	1	1 (continuing) Mishap Date 3/23/00
0500	Office of Safety and Assurance Technologies	1	35 (continuing) Mishap Date 2/8/00

Lost Time Rate Fiscal Year 2000/Second Quarter

Lost Time Rate (LTR)



$LTR = \# \text{ of Lost Time Incidents} \times 200,000 / \# \text{ of Hours Worked}$

LOST TIME INCIDENTS

DIRECTORATE	TOTAL DAYS LOST	DESCRIPTION
7000 Engineering and Technical Services Directorate	1 (continuing)	Employee injured when struck on the head by spreader bar from overhead crane. Employee was rushed to hospital. Contusion to the head and right shoulder.
0500 Office of Safety and Assurance Technologies	35 (continuing)	Employee was checking the emergency light located in the stairwell on the first floor. He walked down the steps, slipped on the bottom step. The toe of the left foot hit the floor and twisted the ankle. The x-rays showed that the fifth metatarsal of the left foot is broken.